

2021 Meadow View Cross Country

Must have physical in order to practice/ Has physical on file

September

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6 Practice	7	8 Practice	9
12	13 Practice	14	15 Practice	16
19	20 Practice	21	22 Practice	23
26	27 Practice	28	29 Race - at the Ranch Park	30

October

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Practice	5	6 Race - at the Ranch Park	7
10	11 Practice	12	13 Race - at Shaffer (see back)	14
17	18 Practice	19	20 Race - at Richmond	21
24	25 Practice	26	27 Race - at the Ranch Park	28

Practice Times: 2:25 - 3:10. Students will change and meet at the map after school. Students need to be picked up at 3:10.

Race Times: P/K to 4th Grade - 3:30 PM/ 5th to 8th Grade - 4:00 PM

Please be at races 20 minutes before race time. Parents are in charge of transport to and from races.